# 14TH MPFI BIATHLE-TRIATHLE NATIONAL CHAMPIONSHIPS -2025

## Indore, Madhya Pradesh, India

## Invitation Letter

Dear State Presidents & Secretaries

The MPFI – Modern Pentathlon Federation of India, has the pleasure to invite a delegation of your State Association to participate in the 14th MPFI Biathle-Triathle National Championships to be held from 4th October 2025 to 7th October 2025 at Deva Swimming Institute, Vandana Nagar, Indore, Madhya Pradesh.

**This Championship will be considered as a Selection Trials for forthcoming UIPM Biathle/Triathle World Championship to be held at Mossel Bay, South Africa from 8th December to 13th December 2025.**

The National Championships 2025 will follow the program below:

| Date | Time | Program |
|---|---|---|
| 4th October 2025 Saturday | 17:00 | Arrival of Delegations |
| | TBA | Technical Committee Meeting |
| | 19.00 | Course Walk |
| 5th October 2025 Sunday | 08.25 | Reporting of Athletes |
| | 08.30 - 08.45 | Briefing & Course Walk |
| | 08.30 - 09.00 | Breakfast |
| | 09.00 - 13.30 | Morning Session – Triathle Day I |
| | 13.00 – 14.15 | Lunch Break |
| | 14.30 – 14.45 | Warm up Session |
| | 15.00 – 18.00 | Afternoon Session – Triathle Day I |
| | 18.30 | Prize Distribution |
| 6th October 2025 Monday | 08.45 | Reporting of Athletes |
| | 09.00 - 09.15 | Briefing & Course Walk |
| | 08.30 - 09.15 | Breakfast |
| | 09.30 - 13.00 | Morning Session – Triathle Day II |
| | 13.00 – 14.15 | Lunch Break |
| | 14.30 – 14.45 | Warm up Session |
| | 15.00 – 18.00 | Afternoon Session – Biathle Day I |
| | 18.30 | Prize Distribution |
| 7th October 2025 Tuesday | 08:25 | Reporting of Athletes |
| | 08:30 -08:45 | Briefing |
| | 08.30 -09.00 | Breakfast |
| | 09.30 – 12.00 | Morning Session – Biathle Day II |
| | 12.00 – 13.15 | Lunch Break |
| | 13.30 – 15.00 | Afternoon Session – Biathle Day II |
| | 15.30 | Prize Distribution |
| | 18.00 onwards | Departure of Delegates |

**Competition Rules & Regulations:**
The competition will be carried out according to the UIPM competition norms and relevant guidelines. Age Categories and distances are as per UIPM rules. Refer following URL for information. https://www.uipmworld.org/sites/default/files/para_biathle_triathle_competition_rules_2025-2.pdf

**Notes:**

1) All the events will be held on Time Trial Basis.

2) Delegations are allowed to enter unlimited numbers of athletes.

**Venue:**
The competitions are to be held at Deva Swimming Institute, Vandana Nagar, Indore, Madhya Pradesh

**Events:**
**1. Triathle:** Shooting-Swimming-Running
**2. Biathle:** Running-Swimming-Running

**Competition Clothing:**
Athlete should abide with the norms laid down by UIPM regarding competition clothing. Unreasonable clothing is not allowed. Athletes will not be allowed to compete if their equipment, including uniforms, does not meet the established rules.

**Biathle & Triathle:**
Wearing Biathle Suit is preferable or Athletes should wear a one or two-piece suit. In all cases, the upper body part must be covered. Footwear must be worn in the entire course including shooting except swimming.

**Equipment Support:**
12 Laser Pistols & Targets will be provided by the MPFI during competition. Individual athletes are welcome to use their own pistols as per UIPM norms.

**Course:**
- Running: Asphalt surface/Tar Road in Loops.
- Shooting: 15 Laser Pistols & Targets.
- Swimming: 50 mts. Swimming Pool.

**Transport:**
Internal conveyance is individual's responsibility.

**Athlete's Accommodation:**
Teams and athletes may book their own accommodation. However, dormitory accommodation will be provided on payment basis if informed on or before 25th September 2025 directly to LOC

**Official's Accommodation:**
Accommodation will be provided near the venue on triple sharing basis from 4th October 2025 4pm onwards up till 12 pm of 8th October 2025 to all State Secretaries/Presidents, Board Members and Working Officials with a prior intimation on or before 25th September 2025.

**Food:**
Breakfast & Lunch Packets will be arranged on the venue to all registered athletes, officials & delegates on competition days. Drinking Water will be available throughout the day.

**Entry Fees:**
State Associations can register unlimited number of athletes for the event:

| | |
|---|---|
| 1) Triathle Elite Division: Rs.1500/- | A Entry up to 27th September 2025 |
| 2) Triathle Elite Division: Rs.5000/- | B Entry from 28th September to 30th September 2025 |
| 3) Biathle Elite Division: Rs.1500/- | A Entry up to 27th September 2025 |
| 4) Biathle Elite Division: Rs.5000/- | B Entry from 28th September to 30th September 2025 |

**Entry Form:**
There are five separate Excel sheets in one file. Two each for Biathle & Triathle and one for Officials. All State Associations must fill up entries in enclosed Excel sheet **ONLY** and should be sent via e-mail **ONLY** on or before 27th September 2025 on mpfichampionships@gmail.com. This email address will be non-operational after 23.59 pm of 30th September 2025 and **entries cannot be accepted after the deadline.**
Entries should be sent through State Association **ONLY**. Entries will not be entertained if submitted by any other mode or in different format. Association/Team is liable to pay entry fees for the absent athlete. Payment details will be intimated once entries are received.

**Schedule of Events:**
Schedule of the events is enclosed. The heat sheet will be issued well in time. Participates and officials are advised to check their WhatsApp &/or email on previous day of competitions for final programme. Federation reserves the rights to change the schedule & programme at any time.

**Reporting:**
Individual athletes are required to report 20 min before the event. They are not required to report on previous day. However, Team Coaches/Managers must report on 4th Oct. 2025.

**Silent**:
There will be no repeated calls for the event and announcement of names of individual athlete. The athlete must report to the Marshall 20 min before the Event Start Time for Body Marking.

**Protest:**
Athletes are require to produced valid Age Proof when demanded. Protest if any, should be lodged within 30 minutes of declaration / completion of event along with Protest fee of Rs. 500/- through State Official in writing.

**Committee:**
Dispute committee consists of representatives of 2 different states and 1 from LOC. Names of judges of Dispute Committee will be displayed.

**Doping:**
All athletes should adhere to the norms laid down by WADA.

**Awards:**
Merit Certificate & Medals will be awarded to Three Ranked athletes of each age group. Participation certificate will be given to each athlete who completes the course as per Rules and Qualification Criteria. Certificate will not be awarded to those who do not complete the distance within a stipulated time.

**Passport**:
Having a Valid Passport is also a criterion for the selection for World Championship. It is advised to apply for Passport well in time.

**Insurance:**
According to UIPM Rules, all members of attending delegations should insure themselves in case of accidental injury or illness. The organizer will not accept any responsibility financial or other, for any loss, injury or illness of any member of the delegation during or in connection of the competition.

**Selection for World Championship:**
This National Championships is considered as a Selection Trials for the selection of Indian Team Coaching Camp for forthcoming UIPM Biathle/Triathle World Championships 2025.
First three ranked Athletes in each age category will qualify for the Indian Team Coaching Camp with the approval of Selection Committee considering the timings. This selection purely depends on athlete's standing, completion of necessary formalities & submission of documents in stipulated time. MPFI does not guarantee issuance of VISA.

**Contact to LOC:** Avoid calling LOC members just for information, confirmation or reporting.

We look forward to see you at Madhya Pradesh in October 2025.

Best Regards,

**Mr. Vitthal Shirgaonkar**
**Secretary General**

**Mrs. Sadhya Paliekar**
**Hon. President**

# SCHEDULE OF EVENTS

5th October 2025 (Sunday)

## TRIATHLE DAY - I

## Morning Session 9.00 am

| Age Group | Sequence & Distance of Shooting, Running & Swimming | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|
| **Senior Men (1986-2003)** | Run 600m | Shoot 10m | Run 600m | Shoot 10m | Run 600m | Shoot 10m | Run 600m | Shoot 10m | Swim 200m | Run 600m |
| **Senior Women (1986-2003)** | Run 600m | Shoot 10m | Run 600m | Shoot 10m | Run 600m | Shoot 10m | Run 600m | Shoot 10m | Swim 200m | Run 600m |
| **Junior Boys (2004-2006)** | Run 600m | Shoot 10m | Run 600m | Shoot 10m | Run 600m | Shoot 10m | Run 600m | Shoot 10m | Swim 200m | Run 600m |
| **Junior Girls (2004-2006)** | Run 600m | Shoot 10m | Run 600m | Shoot 10m | Run 600m | Shoot 10m | Run 600m | Shoot 10m | Swim 200m | Run 600m |
| **Under 19 Boys (2007-2008)** | Run 600m | Shoot 10m | Run 600m | Shoot 10m | Run 600m | Shoot 10m | Run 600m | Shoot 10m | Swim 200m | Run 600m |
| **Under 19 Girls (2007-2008)** | Run 600m | Shoot 10m | Run 600m | Shoot 10m | Run 600m | Shoot 10m | Run 600m | Shoot 10m | Swim 200m | Run 600m |

# SCHEDULE OF EVENTS

5th October 2025 (Sunday)

## TRIATHLE DAY - I

## Afternoon Session 3.00 pm

| Age Group | Sequence & Distance of Shooting, Running & Swimming | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| **Under 17 Boys (2009-2010)** | Shoot 10m | Run 600m | Shoot 10m | Run 600m | Shoot 10m | Run 600m | Shoot 10m | Swim 200m | Run 600m |
| **Under 17 Girls (2009-2010)** | Shoot 10m | Run 600m | Shoot 10m | Run 600m | Shoot 10m | Run 600m | Shoot 10m | Swim 200m | Run 600m |
| **Under 15 Boys (2011-2012)** | Shoot 5m | Run 600m | Shoot 5m | Run 600m | Shoot 5m | Swim 100m | Run 600m | | |
| **Under 15 Girls (2011-2012)** | Shoot 5m | Run 600m | Shoot 5m | Run 600m | Shoot 5m | Swim 100m | Run 600m | | |
| **Masters 40+ Men (1976-1985)** | Shoot 10m | Run 600m | Shoot 10m | Run 600m | Shoot 10m | Swim 100m | Run 600m | | |
| **Masters 40+ Women (1976-1985)** | Shoot 10m | Run 600m | Shoot 10m | Run 600m | Shoot 10m | Swim 100m | Run 600m | | |
| **Masters 50+ Men (1966-1975)** | Shoot 10m | Run 600m | Shoot 10m | Run 600m | Shoot 10m | Swim 100m | Run 600m | | |
| **Masters 50+ Women (1966-1975)** | Shoot 10m | Run 600m | Shoot 10m | Run 600m | Shoot 10m | Swim 100m | Run 600m | | |
| **Masters 60+ Men (1956 -1965)** | Shoot 5m | Run 300m | Shoot 5m | Run 300m | Shoot 5m | Swim 50m | Run 300m | | |
| **Masters 60+ Women (1956 -1965)** | Shoot 5m | Run 300m | Shoot 5m | Run 300m | Shoot 5m | Swim 50m | Run 300m | | |

# SCHEDULE OF EVENTS

6th October 2025 (Monday)

## TRIATHLE DAY - II

## Morning Session 9.30 am

| Age Group | Sequence & Distance of Shooting, Running & Swimming | | | | | | |
|---|---|---|---|---|---|---|---|
| **Under 13 Boys (2013-2014)** | Shoot 5m | Run 300m | Shoot 5m | Run 300m | Shoot 5m | Swim 100m | Run 300m |
| **Under 13 Girls (2013-2014)** | Shoot 5m | Run 300m | Shoot 5m | Run 300m | Shoot 5m | Swim 100m | Run 300m |
| **Under 11 Boys (2015-2016)** | Shoot 5m (2 hands) | Run 300m | Shoot 5m (2 hands) | Swim 50m | Run 300m | | |
| **Under 11 Girls (2015-2016)** | Shoot 5m (2 hands) | Run 300m | Shoot 5m (2 hands) | Swim 50m | Run 300m | | |
| **Under 9 Boys (2017 & 2018)** | Shoot 5m (2 hands) | Run 300m | Shoot 5m (2 hands) | Swim 50m | Run 300m | | |
| **Under 9 Girls (2017 & 2018)** | Shoot 5m (2 hands) | Run 300m | Shoot 5m (2 hands) | Swim 50m | Run 300m | | |

# SCHEDULE OF EVENTS

6th October 2025 (Monday)

## BIATHLE DAY - I

## Afternoon Session 3.00 pm

| Sr. No. | Age Category | Age Group | Sequence & Distance of Running & Swimming | | |
|---|---|---|---|---|---|
| 1 | **Seniors Men** | 22 – 39 (1986-2003) | 800 mts Run | 200 mts Swim | 800 mts Run |
| 2 | **Seniors Women** | 22 – 39 (1986-2003) | 800 mts Run | 200 mts Swim | 800 mts Run |
| 3 | **Junior Boys** | 19-21 (2004-2006) | 800 mts Run | 200 mts Swim | 800 mts Run |
| 4 | **Junior Girls** | 19-21 (2004-2006) | 800 mts Run | 200 mts Swim | 800 mts Run |
| 5 | **Under 19 Boys** | 17-18 (2007-2008) | 800 mts Run | 200 mts Swim | 800 mts Run |
| 6 | **Under 19 Girls** | 17-18 (2007-2008) | 800 mts Run | 200 mts Swim | 800 mts Run |

# SCHEDULE OF EVENTS

7th October 2025 (Tuesday)

## BIATHLE DAY – II

## Morning Session 9.30 am

| Sr. No. | Age Category | Age Group | Sequence & Distance of Running & Swimming | | |
|---|---|---|---|---|---|
| 7 | **Under 17 Boys** | 15-16 (2009-2010) | 800 mts Run | 200 mts Swim | 800 mts Run |
| 8 | **Under 17 Girls** | 17-18 (2009-2010) | 800 mts Run | 200 mts Swim | 800 mts Run |
| 9 | **Under 15 Boys** | 13-14 (2011-2012) | 800 mts Run | 100 mts Swim | 800 mts Run |
| 10 | **Under 15 Girls** | 13-14 (2011-2012) | 800 mts Run | 100 mts Swim | 800 mts Run |
| 11 | **Masters A Men** | 40-49 (1976-1985) | 800 mts Run | 100 mts Swim | 800 mts Run |
| 12 | **Masters A Women** | 40-49 (1976-1985) | 800 mts Run | 100 mts Swim | 800 mts Run |
| 13 | **Masters B Men** | 50-59 (1966-1975) | 800 mts Run | 100 mts Swim | 800 mts Run |
| 14 | **Masters B Women** | 50-59 (1966-1975) | 800 mts Run | 100 mts Swim | 800 mts Run |
| 15 | **Masters C Men** | 60 -69 (1956-1965) | 800 mts Run | 50 mts Swim | 800 mts Run |
| 16 | **Masters C Women** | 60 -69 (1956-1965) | 800 mts Run | 50 mts Swim | 800 mts Run |

# SCHEDULE OF EVENTS

7th October 2025 (Tuesday)

## BIATHLE DAY – II

## Afternoon Session 1.30 pm

| Sr. No. | Age Category | Age Group | Sequence & Distance of Running & Swimming | | |
|---|---|---|---|---|---|
| 17 | **Under 13 Boys** | 11 -12 (2013-2014) | 400 mts Run | 100 mts Swim | 400 mts Run |
| 18 | **Under 13 Girls** | 11-12 (2013-2014) | 400 mts Run | 100 mts Swim | 400 mts Run |
| 19 | **Under 11 Boys** | 9-10 (2015-2016) | 400 mts Run | 50 mts Swim | 400 mts Run |
| 20 | **Under 11 Girls** | 9-10 (2015-2016) | 400 mts Run | 50 mts Swim | 400 mts Run |
| 21 | **Under 9 Boys** | 8 – 7 (2017-2018) | 200 mts Run | 50 mts Swim | 200 mts Run |
| 22 | **Under 9 Girls** | 8 – 7 (2017-2018) | 200 mts Run | 50 mts Swim | 200 mts Run |

# Qualification Standard for Biathle & Triathle (Men & Women)

| Sr. No. | Category | Cut Off Time for Qualification |
|---|---|---|
| 1 | Senior | Within 5 minutes of the first place's finish time. |
| 2 | Junior | Within 5 minutes of the first place's finish time. |
| 3 | Under 19 | Within 5 minutes of the first place's finish time. |
| 4 | Under 17 | Within 4 minutes of the first place's finish time. |
| 5 | Under 15 | Within 4 minutes of the first place's finish time. |
| 6 | Under 13<br>Under 11<br>Under 9<br>Masters | Not Applicable |

Note: Athlete must finish the race within the qualification time mentioned above, otherwise they will not be considered for Merit/Participation certificates.